

A Healthy Child is the Key to a Happy Family

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Abstract: This article focuses on maternal and child health since independence. The so-called "Year of Healthy Mother and Child" shows how much attention is paid to the education of future generations in our country.

Keywords: healthy child, mother, screening centers, hereditary diseases, marriage family.

If we pay attention to the names given to the years from the time of independence, our opinion is even more enlightened. The child is a gift that has a special place among the blessings bestowed on man by Allah. Although a child is required to make every effort to attain all the blessings of the world, a child is a gift that Allah (swt) bestows on whom He wills. A family is not just a country, but a small part of society. To tell Today, the problem of the family has risen to the level of state policy. Why that is, the vitality of mankind, the continuity of the family. After all, the most basic direct function, in the language of spirituality, is the sacred function of humanity linking the chain with healthy and talented generations. this state is an honorable and responsible duty.

For centuries, fanatics of Islamic law have ruled there is a misconception in the past that it calls for girls to be delivered early was. This is nonsense. In Islam, he has not yet reached puberty and is not ready for marriage there is no need to transfer or marry teenage girls. Even to puberty a young man who is physically ready to marry if he cannot support his family it is said that she does not have to marry. From a medical point of view, Now doctors are not ready to marry 16-17 year old girls, pregnancy and to marry them at the age of 19-20, saying that they are having difficulty in childbirth are advising young men to marry at the age of 20-22. Two years Civil status in the field one month before the wedding for a formal marriage to write an act and submit an application to the Civil Registry Office. Then to them medical a ticket is issued for examination. Medical examination sheet filled in this case, the official marriage of citizens is recorded. Bride before the wedding of the groom mandatory medical examination talabi is not excluded. Young man or the girl is suffering from something that is secretly going on, she herself does not notice it it is likely to be walking. Anemia Heart Vascular, kidney without treatment of diseases, getting pregnant leads to the birth of children with disabilities the advent has proven a lot in life. It is easy to treat diseases before marriage. Such conditions created by our state to create a healthy lifestyle through focused on ensuring family resilience. After all, the guy and the girl in the family own to fulfill their duties and responsibilities, to bring healthy offspring to the world in order for them to be healthy first of all. So far, the medical examination the importance of the majority of parents understood. But even so, "still a young girl who is not married is unlikely to meet doctors of different directions what do you need?"there are not even those who think that narrow. Such is not paying attention to the required level of medical examination due to thinking, as a result of transmission to the groom, who was given drugs or had a hereditary disease girls who have remained unhappy, regretted parents are experiencing in life. In this place, looking at the past, with the thoughts of our scientists in this regard let's get acquainted: Bayhaki in this regard "without having acquired the necessary skills, without knowledge duties as a married girl, woman, wife, mother, mistress a member of society it is difficult to establish."He said his thoughts.

The relevant measures are being taken by our government in this regard today being done. In Particular, The Senate of the Oliy Majlis of the Republic of Uzbekistan In December 2021, a meeting of the council was held in the style of videoconference. At the meeting, which was led by the chairman of the Upper House of Parliament, Tanzila Narbayeva, the Senate members, heads of relevant ministries and departments and supervising organizations attended he did.

At the meeting, approved by the Resolution of the Senate of the Oliy Majlis of the Republic of Uzbekistan dated July 13, 2020 "On cases of early marriage and premature birth and resolving issues related to family divorces " Implementation of the Comprehensive Program of Measures for 2020-2021 discussed. In particular, the Ministry of Health and the Higher and Secondary Special By the joint decision of the Ministry of Education of the Republic of Uzbekistan professional primary medical care for students of educational institutions and academic lyceums organize sanitary and preventive care and rehabilitation activities instructions on how to do it, as well as " Health ", "People between the Ministry of Education and the Ministries of Neighborhood and Family Support in 2020 Early childbirth among underage girls in Uzbekistan on August 24 prevention of reproductive health of women of childbearing age Joint Resolution on Strengthening Systemic Cooperation approved and implemented.

This is due to the endless attention paid by our state to its early owners the effort to raise a healthy generation begins before he is born. To this and Resolution of the Cabinet of Ministers of the Republic of Uzbekistan dated August 25, 2003 "Approval of the Regulations on Medical Examination of Married Persons According to Resolution No. 365 of the President of the Republic of Uzbekistan, every bride and groom must undergo a medical examination before the wedding must pass. These are healthy offspring who deny intermarriage created a wide range of conditions for its birth. Activity since 2005 The main goal of the screening center is early screening of pregnant women because it is established and the problematic fetus is terminated in time births of children with disabilities decreased by 1.7 times.

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At the heart of such a huge effort is the person, his interests, the population to increase the well-being of a physically healthy and spiritually mature generation noble goals such as delivery. The great scholar Abu Ali ibn Sina also studied genetics wrote down the thoughts. If a person lives energetically and healthy, heredity is different concluded that if he was free of disease, his offspring would also be healthy.

Both life and health are priceless gifts from God. Uni No one has the right to abuse or corrupt. We're just going to be We are equally responsible for the upbringing of our children, but also for their health. So close silently watching relatives get married is like giving birth to a baby to be born with a disability on an equal footing with their parents. Of course, a healthy family is the foundation of a healthy society. After all, a healthy lifestyle in the family decision-making will serve for the development of our country.

Of course, with the rise of the slogan of a healthy child, every category in our country, every each person with a specialization based on their knowledge, expertise and opinions in the implementation of this motto, in the assimilation and healthy child should strive to contribute to the upbringing. In fact, in order for such healthy children to be born, their parents must be both mentally and physically healthy. should be. That is why in our sacred religion, a man is his wife it is important to respect, love and cherish him holds. Even providing for one's family is a responsible household task given as a man's duty. And for women, take care of their health by bringing up a healthy generation of the future made it necessary for them to practice. That is why the protection of women, repeatedly emphasizing the importance of doing good to them. Zero, In one of his hadiths, the Messenger of Allaah (peace and blessings of Allaah be upon him) said: those who did.

In short, everything that is done under the motto of a healthy mother and child one service is done for the future of the whole country, for the whole state, for the national economy service. One more thing! The rules of a healthy lifestyle are mutually supportive it is impossible to do without the latter. Do it now, without leaving them for tomorrow has taken our first steps towards a healthier and happier life by starting to grow we will.

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