

Historical and cultural approaches to the education of children in the east

(D.M.Malikova)

Annotation: In this article is described the system of raising today's school children in ways of eastern traditions. This article depicts such a system that finds its roots in literary works on deductive behavior and traditions.

Keywords: Avesta, Holy Qoran, hadith, literary works on deductive behavior, eastern traditions – custom, tradition, national and human values, education, teacher

Introduction

East has been known as cradle of behavioral teachings during upbringing of a child. Throughout centuries the west has been exposed to extensive eastern literature this subject. In the east the behavioural teaching of the child has been cornerstone of upbringing. The teaching of responsible upbringing, teaching discipline and respect for parent, as well as close relationship with parents has been reflected in many literary works if great number of scholars.

Even though per Beruniy's claim Zardusht was a false prophet his Avesta work was considered a holy book among our ancestors. This book contained suggestion on upbringing of child. The "Yasna", which were big part of Avesta, the measure of balanced person is expressed in three factors: gumata - good thought, gukta - good word and Xvarsha – good work. **"I will honor good thought, good word, good work. I will honor the good Mazda law"**. In Zardusht teachings 15 was considered the age of adulthood. When a teenager reached adulthood the laws of Zardusht and rules of behavior were taught. The teenager was brought up with teachings of godliness, love for hard work, respect for justice and of pure thoughts and words, with special attention to being honest.

Materials and Discussions

It's no secret that at the core of our national culture is closely tied with the rules of self-discipline of Islam and the teachings of Qoran and Hadith are are very common among our people. As our prophet Muhammad had said **"The best thing parents can give to their children is good upbringing"**. (Ayub bin Muso). This meant teaching of social responsibilities for the child on one hand, and also the responsibilities before parents on the other. If parents or teachers don't pay attention to their children for one moment, the children may become spoiled. As the prophets had said each child is born pure and without flaws, like clean white paper. Hence the teachings during the upbringing of the child plays a very important role in future of the child.

Abu Ad-Darda had said: the scholars are the inheritors of the prophets, however the prophets don't leave moneys for inheritance but only the wealth of knowledge and those who acquire it are the big inheritors" Abu Dard 3641.

During the upbringing of a child we rely on the eastern customs, ancient traditions, the experiences that we inherited from our ancestors and the national traditions. In order to achieve this the parents must be knowledgeable of the experiences and the system of upbringing that were developed by our ancestors. In order for the child to grow to be a well-balanced and complete person it is important to create the proper environment at home and also that parents are knowledgeable and well educated.

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The work by Kavkovush "Qobusnoma", which was written ten centuries ago, still remains a very important book on the subject of upbringing of child and should be used as core of teaching to children by parents. "Dear child, if you have a child then give him a good name, as it is parent's responsibility to give a child a good name. Also parents must get their child involved in good and educated circles. You will circumcise at proper time. You will celebrate and give feast as much as you can afford. When child grows to proper age, if you are a commoner, you will teach him the trade and skills. If you are part of military personnel, then you will teach him the military skills. Once he learns these skills, then you will teach him how to swim. You will teach him these various skills because it is good for a person to acquire multiple skills and it is your responsibility as a parent. Person may face many challenges and many skills may become useful in life".

Moreover, the following thoughts were also given regarding psychology of a child: - "Teachers should teach good behavior to children, so that there is no bad feeling between parent and the child. However you have make yourself felt before your child so that the child behaves in your presence. If the child dreams of something don't spare any effort helping him achieve it. You should think of inheriting your child the knowledge and skills. Regardless of whether you teach him good behavior, the life challenges will eventually teach it to him. As they say, if parents don't teach their children during upbringing, the child will have to learn them through life challenges.

As Ibn Sino had claimed, - "Soul is like lamplight, knowledge like is the light spread from that lamplight, Allah's faith is like the oil. The lamplight keeps burning means you keep living. If the lamplight extinguishes then you are not alive". Of all thing the humanity values throughout tens thousands of years the most valuable among them is family.

As Hakim Sulaymon had claimed, - "The father is the great teacher and the mother is the giver of life". Truly, the fatherhood brings great joy as well as great responsibility. In order for father to be able to giving teaching, he must have achieved maturity behaviorally, psychologically and as well as financially.

Mirzo Ulugbek is one of the greatest scholars of enlightenment who has made significant contributions towards advancements in pedagogical teachings and also towards efforts spreading this knowledge around the world. He made the mental and educational development of children during their upbringing a priority and encourages youths to strive to learn more about modern science. He firmly believed that only the mind that was knowledgeable in modern science and culture was capable of reaching its full potential. The scholars insist that for a child to be motivated and striving to learn it is important to have the proper environment at his home during his growth. In a family the parents, especially the educated parents, must pay special attention to the educational development of their children. Mirzo Ulugbek in his pedagogic teachings had paid special attention towards development of physical health, military skills and the mental stability in children. According to him, in order for children to grow to be a well balanced person, they must be active in physical training and this can also help them learn to be honest and morally incorruptible.

Nuriddin Abdurahmon Jomiy is a great poet and a scholar. He is one of the premier scholars in farsi-tajik classic literature. He had left after him a great scientific inheritance in sphere of science, literature, including pedagogical teachings. In his literary work "Bahoriston" he had paid a special attention to the subject of behavioural teachings to youths. Through his works, Jomiy had strongly urged young people to study science and acquire more knowledge. In his pedagogical teachings he had encouraged people to be just and polite towards others and also to fight evil with good words.

The poet Alisher Navoiy impelled children to respect their parents by saying "Think of one of them as the moon and the other as the sun". In a family a child must show his respect by his actions. An active and multiskilled father can raise a very capable child and if the father has a meaningless life then it may lead to his child growing up as a menace to society. The young child will begin learning from his home surroundings. Child grows up with comfort of presence of his parents at his home. Thus the parents are the first teachers of the child.

Result

In order for the child to be brought up with good teachings his mental state must begin forming. During this time child can learn mutual respect, good behavior, human relationships and this will help develop child's emotional world.

- The parents must engage their children appropriately depending on child's age and this will help child learn the values of family

- the parents must know their child's behavior, abilities and capabilities and his interests

- child should not be taught to fear the authority of seniors, but should be taught mutual respect based on sincere communication

- the family members need to respect each other and parents should teach their children with their own good behavior, friendly attitude, dress code, physical activity, work activity, worldview

- at a young age the children are very attached to their parents and very impressionable

- from early ages the parents must pay close attention to their child's development and when necessary they should consult professionals seeking guidance

- while warning the child when he misbehaves, parents also should praise the child when he succeeds

- parents should learn to relieve emotional stress and frustration of the child through games and other relaxing activities.

Thus in order to not make mistakes in raising children each family at first must ensure a good home environment at home that's based on mutual respect, good behavior, human relationships.

During the initial five years of child's life ninety percent of what parents do is teaching their child. The subsequent teaching programs are all rooted on the things parents teach their children in their early days. During these times the father must be especially attentive. These children should grow with healthy minds, with respect to our national values and traditions.

Conclusion

During our lives the upbringing of our children and things we teach them is very important. This process doesn't just take place during childhood, it should be continuous and progressively improving throughout our lives. We must always be working on ourselves and striving to reach better outcomes. We can teach our children what we ourselves learn through life challenges. During our engagement with our children we must involve them in our daily routines. We should always be discussing new and interesting subjects with them. We must also be open to learning from experiences of others and this may help us with teaching our children.

The thoughts and ideas of physical, mental and moral development of a child has been prescribed in literary works by number of great scholars. This serves as the foundation and root for the ways parents teach their children and help their upbringing.

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