

FORMATION OF A SPIRITUAL AND MORAL CULTURE IN THE FAMILY

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Abstract: *Family ethics is a phrase that expresses family culture and spirituality. Family ethics is an important aspect of national moral values. Our people have considered the family sacred since very ancient times. The standards of etiquette that underlie family relations were formed before religious norms. Family ethics is the oldest and most important of the moral norms that exist now. Family Ethics does not only represent the relationship between husband and wife, but is also the initial and main criterion for the formation of children as mature people. Consequently, raising children who are spiritually rich, morally pure and physically healthy is initially carried out in the family. Human qualities that accompany a person for a lifetime begin with the family.*

Keywords: *family, youth, upbringing, presidential decree, freedom.*

INTRODUCTION:

The family is the social foundation of the human society. Accordingly, the role of the family in the upbringing of a physically healthy, spiritually competent, morally pure and highly civilized young generation is incomparable. The prospect of development of Uzbekistan also depends on the rational solution of problems of Family Education. To do this, the development of a system of necessary measures in this regard, the solution of issues related to the improvement of spiritual, moral, cultural and educational knowledge of future parents, fighting against certain forces that threaten family education, is one of the most pressing problems of today. The issue of creating the necessary conditions for the formation of a healthy family in our state and finding a high spiritual and moral environment in the family, preparing young people for family, ensuring the strength and interests of families, raising, raising and raising healthy children has been raised to the level of state policy. In this, special attention is paid, first of all, to changing the thinking and consciousness of our young men and girls, who will build a family in the future in terms of the holiness of the family and the responsibility of marriage.

Family spirituality, it is raised based on the personal spirituality of family members, influenced by the spiritual values of the nation.

The well - known psychologist and psychotherapist Virginia Satyr: "family is a microfinance of the whole universe. To understand it, it is enough to study the family. The power that exists in the family, confidentiality, independence, trust, communication skills - the key to many other things in life. If we want to change the world, we need to change the family," he expresses his thoughts.

Special attention is paid to strengthening the family in our country, which is beginning to take the path of building a free civil society. Stability in society occurs when the family is calm, prosperous and strong.



MAIN PART

A person's fate, achievements or failures in his future life, happiness or misfortune, choice of profession, even mood, is associated with his family environment. And the fate of the family depends on the person himself. It is a long-standing fact that the spiritual image of society depends on how families are. Because, the family is a small representative of the socio-spiritual link of society, and it is on the family's land that the present day and future of our people are built

As society develops and the role and importance of spiritual factors in social development increases, so does the emphasis on youth and their upbringing. In the formation of young men and girls as individuals, in their spiritual maturation, upbringing, not only the youth organization, but also the role of the family is the first ground. Therefore, the benefits and harms of family education for society are great. The moral, legal, spiritual criteria of various family relations cannot be measured in the same way.

Only the spiritual and moral education of young people can combat this. In many cases, there are spiritual threats to young people that are aimed at human freedom, ideological dependence, destabilization of the spiritual world, hide behind their charm and ideas, break religious and national ties, capture the hearts and minds of young people, damaging their worldview, ultimately threatening the security of the country and national interests, leading society into the street the crisis. Taking into account the fact that the basis of society is the family, at a new stage in the development of Uzbekistan, the level of spiritual and moral significance of the family becomes clear. So, these risks concern everyone who cares about the future of the country, the nation, the society in which he lives, who has a civic position, a sense of belonging to the country, which, in turn, requires the use of their abilities and potential. to prevent this.

DISCUSSION

It is the family environment that plays an important role, first of all, as the smallest link in society in the formation of an individual's behavior. However, the spiritual and moral environment in the family is a cornerstone in the moral consciousness, behavior and activity of the individual, a decisive factor. It is at first that the spiritual and moral environment in the family forms the possibilities of the individual, generating his relationship and communication with social being. Therefore, the family is studied as a microenvironment that shapes the ideological, political, economic views of the individual, determines the system of his relations to the environment, the world, that is, the direction of his worldview, beliefs, needs, interests, ideals, motives, life purpose.

In our opinion, spiritual and moral education in the family is carried out in two stages:

The first stage is aimed at forming the main components of a person's spirituality - faith, knowledge, responsibility, compassion, arising from the historical development of our national spirituality, and begins with the education of faith.

The second stage is a material reflection of spirituality. It is related to culture, and often consists of complex areas of education that are formed at the junction of spirituality and economics, spirituality and politics.

In our society, the constant improvement of the spiritual and educational level of the population, especially our boys and girls, is of paramount importance. Therefore, based on the program idea "From national revival to national progress", it is very honorable to educate young people in the spirit of devotion to the Motherland, to form initiative, determination, and moral qualities in them.

Each member of the family has a certain spiritual world as a person, and as a result of close relations between them, dialogues, family spirituality unfolds in the family. In family spirituality,



the spiritual qualities of the father and mother determine the level of humanity and morality of the Oriental burden of marital relations. It is important that the world of family spirituality embodies such spiritual cadre as mutual respect, appreciation, cooperation, compromise, kindness, compassion, kindness, patience, human-love, nobility, respect for adults, self-esteem for minors. The veneration of such personnel in the family, the observance of which creates such a spiritual spirit and climate in the family that the growing generation is extremely important in the formation of a pure soul and consciousness.

Life is a very complex process, in which various situations occur. Sometimes there are disagreements between husband and wife in the family for various reasons, as is sometimes concern. Haste, rapid outbursts of anger, lack of satisfaction, stupidity, search for dirt under the nails undermine family relationships. It is worth mentioning that if a husband is unhappy with one bad behavior of his wife, do not forget that he also has other good things. A woman should also win her anger when she has a place, although she does not like it, she should get used to enduring some things out of respect for the family. While it is necessary to be patient with each other spiritually, it is very important to be both financially sound and patient.

From this point of view, we have tried to highlight the task of dividing our national spiritual values, which serve as the basis for the upbringing of a spiritually mature person, into basic types and forming them as spiritual qualities. In short, at a new stage in the development of Uzbekistan, as a spiritual and moral task of the family, Oriental culture is based on values such as the interests of society, family honor and holiness, social traditions and order, respect for adults. Unfortunately, in most cases, young people achieve their goals by gradually depriving them of their national identity, undermining their national traditions and customs, cutting off their historical memory and thereby influencing the family as a principle of domination over peoples.

Family upbringing is a family activity aimed at creating the most favorable conditions for the development of a child, preparing him for social life, forming a person who has matured in every possible way. Family upbringing begins on the child's birthday, continuing under the supervision of others until his coming of age as a fully independent person. Success in family upbringing largely depends on the presence of both father and mother in the family, their mutual solidarity and equality in the chapter of upbringing, acting in harmony. Family upbringing is built on the basis of emotions, because educators are the closest people to the child. One of the main areas of family upbringing is to teach a child to be sociable. Family upbringing cannot be built on the basis of coercion, the important thing is that the child willingly fulfills what is being asked of him.

Respect for the elderly in the Uzbek family, caring for babies, good neighborliness, respect for mother and woman, acting on the advice and advice of adults have been the spiritual values of our people for millennia. Based on this, this is the spiritual and moral task of the family at a new stage in the development of Uzbekistan.

Higher education institutions face great and responsible tasks to further strengthen our society based on national values, including the socio-political activity of young people. At this stage, when important problems of developing democracy, strengthening a healthy lifestyle, and becoming a new person in our country are being solved in practice, the role of youth is increasing.

We must not forget that the foundation of our future is laid in educational institutions, in other words, what the future of our people will be depends on how our youth are educated and educated today. Education is inseparable from upbringing, and upbringing is inseparable from education - this is an eastern view, an eastern philosophy of life.

We believe that in the issue of raising the socio-political consciousness of the youth of Uzbekistan and the formation of a new worldview, it is necessary to form a family. Thus, young



people show a tendency to factors of cooperation, solidarity, and like-mindedness based on spiritual maturity. This leads to a gradual development.

The rapidly developing modern era “We need to educate our youth in order to realize their aspirations for science. To do this, it is necessary to develop the pre-school education system, radically improve the material and technical base of secondary and higher education, and the quality of the scientific and educational process.”

RESULTS

The effectiveness of our large-scale reforms in all spheres of life is inextricably linked with the restoration of national spirituality, in-depth study of our rich historical heritage, preservation of our traditions and customs, development of culture and art, science and education, and, most importantly. Therefore, it is important for parents to set an example of personal experience in the patriotic education of young people raised in Uzbek families. That is, in family education, it is important to educate young people in the spirit of understanding national identity, historical thinking based on national values.

One of the important tasks facing us today is to educate great thinkers as worthy successors in the education of young people. When we talk about patriotism, our ancestors involuntarily remember Amir Timur, Najmiddin Kubro, Jaloliddin Manguberdi, and in order to be worthy of their ancestors, first of all there must be upbringing in the family. At the same time, as a result of educating young people in the family, the ideology of national independence, based on centuries-old traditions, customs, language and spirit of our people, firmly in harmony with universal values, should serve the cause of developing courage and perseverance, a sense of justice, a desire for knowledge and enlightenment.

CONCLUSION

In short, we can name many features that define the national character of Uzbeks in terms of the role of the family in educating young people in the spirit of patriotism. It is possible to distinguish such qualities as the attitude of young people to the family, respect for parents, love for a child, honor, shame, modesty, love for the Motherland. Educating young people in the family in the spirit of patriotism should be the duty of parents to the Fatherland. This is not a task specific to one family, but a feature unique to all of humanity.

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