

Impact of Virtual Communication on Human Psyche

*Sotvoldiyeva Nodirabegim*¹

Abstract: In the article, the origin of socio-psychological features and the theories of scientists who studied the process are widely covered.

Key words: Virtualization, dependence, empathy, frustration, social skills, fetishization, phobia, rigidity, unconsciousness, subscriber.

INTRODUCTION. Communication is a human need as a social, conscious being, as a carrier of consciousness. We observe the separation of various higher animal and human lifestyles into two sides: relations with nature and relations with living creatures. The first type of communication is called activity as a special type of human activity. The second type of communication is determined by the fact that the parties interacting with each other are living creatures that exchange information. Such communication within and between species is called communication.

There are different definitions of the concept of "communication". Communication is defined as the interaction between two or more people in the exchange of information that has a cognitive or affective-evaluative nature. Or: communication is a complex, wide-ranging process of establishing and developing relationships arising from the need for cooperation between people and consisting of information exchange, development of a unique way of interaction, perception and understanding of another person. process. This is the most complete and clear definition of the concept of "communication".

Communication is characteristic of all living creatures, but at the human level it has the most advanced forms, it is realized through speech. The following points of view are distinguished in communication: content, purpose and means. Young people are getting more and more interested in the Internet, in my opinion, they are getting addicted to it, and they don't even know the difference between "live" and online communication. It is not difficult to get an answer from users to the question of whether communication on social networks is better or live. But still, despite the advancing age of Internet technology, not only today, but at all times, live communication has always been, and I believe will be, highly valued. Only live communication can create a full impression of a person, about his way of thinking, and not imagine some invented myth, an imaginary image taken from photoshopped photos, but allow us to think in general. Internet communication, of course, allows you to get a certain general idea about this or that person, but you can meet this person face to face and regret it. The rapid penetration and development of computer networks into modern human life and activities is of particular importance in solving social, economic and even political issues of society, at the same time, it also affects the change of personal characteristics, scope of knowledge, and worldview of a person. With the development of the global Internet network, the spiritual and cultural life of a modern person is experiencing an "online life" in line with the era of information technologies.

It seems that in order for a modern person to be aware of every field, knowledgeable, competent, broad-minded, and business-minded, he must not be separated from his mobile phone 24/7, constantly monitor his e-mail, communicate online in Internet social networks, and generally live in the Internet environment. Sometimes when a computer or mobile phone stops working, life seems to stop. This situation is of particular concern to young people and teenagers. The virtual world of the computer is becoming more and more attractive and has a strong influence on them. People's need for computer technology, computer equipment, electronic and network resources leads them to be in the cyber environment more often, and as a result, their personal characteristics, consciousness, and motivations

¹ 3rd year student, University of Public Security of the Republic of Uzbekistan



change. After all, the 21st century is manifested as the information age, and in recent decades, the Internet network has had a large flow of information, and nowadays, a convenient environment that satisfies the various and many needs of people is becoming a cyber environment. At the same time, we are witnessing the rapid growth of the number of Internet users. According to statistics, 3 billion people in the world and 40% of the world use social media for communication². It can be seen from this that it is a clear and obvious fact that the influence of social networks is of general importance for everyone.

There are many ways to communicate in the world today: verbally, non-verbally, with gestures, in addition to face-to-face communication and online communication. After the emergence of the Internet, specific forms of communication have also appeared, which have shown that the previous views on the concept of communication are a mistake. Because earlier the communication process was carried out within a house, city, region, i.e. within a narrow circle, but today communication has crossed the borders of the house, city, and state. Initially, communication on the Internet was completely free, the reason for this was the development of the Internet network and the establishment of business relations. Later, various methods of communication through the Internet began to appear. Due to this, the demand for the Internet increased, and certain groups of people were formed. In the formation of these groups, unity of interests was of course in the main place. It was among these formed groups that the task of communication appeared. Through this, certain methods of communication appeared on the Internet.

A lot has been said about the relationship between users of modern means of communication, including social networks on the Internet, and the use of this product of development. The development of the new virtual world causes excessive, unthinkable, unethical desires in a person. Dating, making friends, and even getting married are observed in the virtual world. Let's talk about virtual marriage, which is becoming popular at the moment. In the 21st century, known as the "Information Society", the flow and capacity of messages on the global network can transform Homo Sapiens, the modern man of recent times, into the human of communication, that is, Homo Virtus, researchers hypothesize. is being hotly discussed between [3.15]. In some studies, concepts such as "homo virtus", "digital natives", "net generation", "the millennials" are emphasized as social subjects living in virtual space and the main consumers of information in virtual existence.[4. 159]. In our nation, the concept of family is sacred. For this reason, family relationships are taken seriously. According to our traditions, the genealogy, health, and social status of the bride or groom candidate are carefully inquired about. At the heart of traditions such as matchmaking, Maslahat oshi, Unashtiruv, and Fateha wedding, there is a goal of establishing a happy marriage and a strong family. Unfortunately, in our time, modern technology and media are destroying our national values. Among the relationships in social networks such as virtual dating, virtual friendship, and virtual love, the phrase Virtual marriage was included. Unfortunately, people who do not take the relationship of holy marriage seriously and who are poor in terms of meaning are getting married and divorced on social networks. Marriage is the most sacred of human relationships.

Because it is a sacred relationship that is carried out in accordance with the commandment of God, following the Sunnah of the Prophet, may God bless him and grant him peace, with the participation and witness of several believing Muslims. That is why, unlike other human relationships, the conclusion of a marriage contract has its own rules and conditions. If these terms and conditions are not fulfilled, the marriage will not be valid.

Currently, the Internet repository, which we are using on a large scale, is attracting everyone like a magnet. Today, there are malicious forces in the world who are trying to expand their sphere of influence and control people's minds, and they are using the Internet as a weapon. Nowadays, due to the large amount of information flow, it is not possible to analyze all the information and think clearly. The influence of the information transmitted through social networks is taking different forms. First of all, it is affected by the reactionary way of thinking of young people.

This is a sign that the functions of analyzing the information before receiving it do not work sufficiently. As a result of this, we can observe such sad situations as the growth of immorality among young people,

² Kushakov Sh.S. Fake model of disinformation as a type of simulacrum // Yoshlarni g'oyaviy tarbiyalashning dolzarb masalalari. Samarqand, 2019. – S 19-21.



the development of ideas that are completely alien to the national mentality in the minds of young people, and the breakdown of families.

CONCLUSION. A person can express himself in the internet world in any way he wants. From this point of view, a person began to work in the Internet world, that is, in virtual reality, based on the idea that "everything is up to me". Everything we do is regulated by the constitution and laws, but we see that the laws of the virtual world sometimes act contrary to the laws of the real world. The first imitation of events in virtual reality appears in a person. But we know from the human psyche that he always sees the "minus" side quickly and absorbs it quickly. We can cite the following example as proof of the quality of our opinion. Therefore, it is appropriate to analyze the ideological attacks carried out through the Internet in order to distract the Uzbek people from their chosen path.

REFERENCES

1. Mirziyoyev Sh We will resolutely continue our path of national development and raise it to a new level, -T.: "Uzbekistan", 2018. - P.592.
2. Ermatov H. Is humanity looking for pain or medicine? //Discussion, 2000, No. 6, -B.6.
3. Pleshakova V. Cyber ontology and psychology of the security of the information sphere: aspects of human cyber socialization and social networks in the Internet environment // Vestnik, 2014. –S. 15.
4. Koroleva N. Semio sfera lichnosti. St. Petersburg, 2005. -S. 159.
5. Kushakov Sh.S. Fake model of disinformation as a type of simulacrum // Current Research of Ideological Education of Young People. Samarkand, 2019. - S 19-21.
6. Sultanova G.S. The essence and nature of postnonclassical scientific thinking. February 2019", 2019. - P. 21-23.

