

Scientific-Practical Basis of Children's Football Selection

Uralov Sardar¹

Annotation: Today, the attention to youth football is increasing day by day, and together with this, selection should be made. This article explains how to do the selection, that is, what methods are used to conduct the test.

Key words: Football, orientation to sports, talent, football selection (selection), youth selection, groups, future, coach.

Before talking about the principle and specificity of the selection and sorting stage, we should dwell on some concepts. This process depends on the fact that sometimes many coaches have completely different concepts about certain aspects of selection in practice.

Thus, in the opinion of many trainers, the selection is an organizational and methodological event with a complex character. This should include pedagogical, social, psychological and medical-biological conditions of children that are clearly manifested in this or that sport. At the same time, qualifying should be an important part of the educational-practical process, so that this process should be the solution to great achievements in sports.

Orientation to sports is an organizational-methodical process of a complex nature, which is based on a specific type of sport that is important for a child.

The main task of selection is to select children who can meet the requirements of the chosen sport. The main task of sports orientation is to direct the child to a certain type of sport, which is more suitable for him, depending on his unique capabilities.

Each sport has certain demands on the athlete, but any activity grows and improves according to the law of dialectics. Naturally, the demands on the athlete will also change.

In addition to the mentioned concepts, there is another case - sports selection (competition), which aims to gather together athletes with a similar selection level (coaching team, national qualifying stage, etc.).

The purpose of the study. Qualifying is a pressing issue in football. This problem is explained by the fact that it is not possible to accept all the applicants who apply directly to the Children and Youth Sports School (BOSM) and football school (academy).

Research organization methods. analysis of scientific and methodological literature, pedagogical observation, questionnaire.

Research results and discussion. Sports schools have their own huge tasks. This is, first of all, to form a reserve of a high-level national football team that can meet world standards. Therefore, sports schools are forced to work only with a selected contingent. Coaches, naturally, feeling a great responsibility, try to be very careful not to wrongly select children for sports schools, and this caution is justified, because some of the players in sports schools leave without graduating from this school.

The need for classification is also based on the fact that each person has unique physical, mental and other skills. Not every person can reach the top of sports. In order to reach this level, it is necessary not only to engage in constant training, but also to pay attention to the unique hereditary and generational

¹Termez State Pedagogical Institute Teacher



aspects of the athlete. The main task of selection is to correctly select children with unique abilities in football and to achieve high performance with them. It should be said that the study group should be formed from a group of talented, selected children.

The complex aspect of the matter is to be able to see the high-level ability and talent in the child and to develop it, to create opportunities to fully use this talent in the future physical activity of the child. It is necessary to treat children with such qualities perfectly in all respects.

According to the indicators, the specific abilities of children who will show high levels in football activity in the future are also taken into account. Athletes can reach the highest heights only by spending all their time, effort and resources. Therefore, the selection process should be considered a long-term activity. Hastily sorting children is wrong, even with the most modern methods.

Forecasting in sports is the ability to predict high levels in sports and students in it. It is known that a number of human characteristics have a high level of stability. First of all, this is a situation related to a person's physical parameters - height, weight and other aspects.

At the same time, every person has genetic and genetic physical conditions. But not every case is inherited.

In football practice, there are cases when a child who is considered weak and incompetent eventually becomes a strong player or vice versa. That is why it is necessary to think in all aspects and make the right conclusion at the stage of selecting children.

Next, we will consider the methods of knowing and predicting according to their popularity:

1. Extrapolation - transferring known information to an unknown future. This method will only work if you can quickly implement the methods shown over a long period of time and apply them in the next stages.
2. The method of limited possibilities (values) consists in determining the dependence of certain events on one of the structural values that have reached a certain level in its development. For example, the level of improvement of a player's performance can affect his performance throughout the game.
3. One of the main methods of sports information is related to modeling in recent years. With the help of modeling, many factors are identified, stabilized, and this leads to efficiency. And on the contrary, using this method, ineffective factors and tools will be revealed and abandoned.

It is also important to take into account the requirements of the game and the child's interests when selecting children for football. Admission of a child who does not have the ability and talent for football to sports schools is completely wrong and ineffective. In this regard, the stage of social selection is of great importance.

Candidates can be divided into the following groups at the selection stage:

1. The able-bodied. (Selected for further training)
2. Incompetent and outcasts.
3. Those who are incapable, but are chosen due to some mistakes.

Naturally, activities in groups 1 and 2 are more effective than activities in groups 3 and 4.

In sports, certain stages of development and their end are mainly related to organizational and methodological reasons rather than social and spiritual character.

According to the organizational-methodical character, the ineffectiveness of sports activities is mainly due to the imbalance between the child's football and school studies, the lack of health, the negative performance of sports training, the change of the child's coach, the increase of extra work and The difficulty of working in sports also plays an important role.



Another socio-psychological reason is the child's busyness with other work and disruption of education. Relationships with a coach, poor performance in competitions, choosing a career unrelated to sports, losing interest in training, lack of purpose, and the influence of parents and friends are also significant. will take place.

Summary. In conclusion, it can be said that playing football just for fun is completely different from being a professional football player. In order to train a professional football player, first of all, it is necessary to select talented and talented young people and direct them to sports. In this case, it is appropriate to take a theoretical approach to the child's talent and interest as a separate real expert, not to the social background of the child.

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