

Method of Forming Musical Rhythmic Activities

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Annotation: This article provides detailed information about the use of children's songs, types of children's songs, methods of forming musical rhythmic activity and their analysis in music culture lessons in secondary schools.

Keywords: music, school, lesson, rhythm, activity, teacher, method, student, dance, musical memory, movement, creativity.

The Law of the Republic of Uzbekistan "On Education" "Strategy of Actions for Further Development of the Republic of Uzbekistan" for 2017-2021, the President of the Republic of Uzbekistan Training of Pedagogical Personnel, Public Education In accordance with the Resolution "On the measures to further improve the system of retraining of education workers and their qualification improvement" requires further improvement of the content.

Law of the Republic of Uzbekistan PD-637 No. 637 of September 23, 2020 [1], PF of the President of the Republic of Uzbekistan dated January 28, 2022 of the Resident of the Republic of Uzbekistan - No. 60 "On the development strategy of New Uzbekistan for 2022-2026" [2], No. PD-5712 of April 29, 2019 "On the public education system of the Republic of Uzbekistan Decrees on approving the concept of development until 2030" [3], PD-4307 dated May 3, 2019 "Additional measures to increase the effectiveness of spiritual and educational work until about" [4] , No. PD-5040 dated March 26, 2021 "On measures to radically improve the system of spiritual and educational affairs" [5] , March 22, 2022 Decisions PD-112 of February "On additional measures to further develop the sphere of culture and art" [6], Cabinet of Ministers No. 1059 of December 31, 2019 "Continuous spiritual It serves to a certain extent the implementation of the tasks defined in the Resolution" [7]

Dance, musical games and performing actions with music are of great importance in the mental, aesthetic and physical development of schoolchildren. These types of musical activities have a positive effect on the child's all-round growth: First, his musical education, especially the sense of rhythm, and musical memory develop well. Because any type of movement is performed under the rhythm of music.

Music tones associated with movement are firmly stored in the memory of students. Secondly, as we said above, dance and musical movements develop the child's mobility and agility, exercise the body, and greatly help the growth of students. Thirdly, musical works evoke different emotional feelings in students, create different moods, create unique images in his mind, which help the child to express movement schemes with artistic gestures. Therefore, the movement performed with music, the performance of musical-rhythmic movements is of special importance in the development of mental and aesthetic abilities and will of students.

Music, dance and games have a quick impact on young students. That's why cheerful dance, interesting musical games attract the attention of every child. Therefore, it is clear that the importance of performing musical rhythmic movements of students during the lesson of music culture is also important. It should be noted that the Uzbek people spread the word to the world with their national dance art. But if we take into account that dance lessons are almost non-existent in school education, it becomes clear how necessary it is to teach national dance methods to students from a young age in the

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context of the music culture lesson. This is the only way to achieve spiritual maturity and a rich cultural and spiritual heritage.[8] Therefore, it is a requirement of today's era that a music teacher should know (perform) the simple movements of our national dance art and thoroughly know the methods of use in the lesson. Dance and musical activities are useful for the development of students' musical-educational abilities and performance skills.

The students' sense of rhythm incorporates elements of various expressive actions, such as dance, games, performed with music. Among the activities in music education, musical-rhythmic activities are considered the most important for kindergarten. In kindergarten, this activity is carried out as a morning physical exercise. Children's exercises are held in clean rooms or outdoors. For this, children's clothes should be light and comfortable. Regular exercise strengthens children's shoulders, abdomen and other organs. Exercises for the toes and heels prevent flat feet. In addition, such exercises affect the circulatory system of children.

During the training, the musical director helps the children move to the music and teaches them the elements of the dance. Before starting musical lessons, children should be taught to run and jump to music. It is important to pay attention to the rhythm, tact and sentences of any type of movement, creating a logical movement complex and performing it. In the program, a special place is given to dance and musical movements in the music culture lesson of the elementary school. After all, this activity is necessary for the development of students' musical abilities, in particular, the sense of rhythm and the ability to express the artistry of the work, as well as for their physical development. In the 1st grade, students perform the rhythmic movements of the lesson and express the high and low levels of musical sounds through hand movements (up and down). The activity of performing musical rhythmic movements in the lesson of music culture develops rhythmic feelings of students. It is important to pay attention to the rhythm, tact and phrases of any movement, creating a set of logical movements and performing it. It is necessary to teach the students to walk together with the music lesson when they move during the march.

So, musical games belong to didactic games according to their purpose and function, and they are mainly characterized by the fact that they are performed as a means of movement. During the music lesson, it is appropriate for the teacher to pay special attention to the dances, which are embodied in the elements of movement according to the structure of the piece of music, and to teach them. For example, it is necessary to perform two-part dances suitable for two-part music, and three-part dances for three-part music. For example, take the Uzbek folk dance "Andijan polka". [9] When teaching this music, the teacher can choose a dance form that is suitable for students. Taking into account the possibilities of the class, the teacher can play the "Andijan Polka" in a two-part full form, excluding the big climax, and teach it in three parts as well.

So, the dance has to choose the elements of movement according to the logical parts of the music. Practice helps a lot in teaching games and dances. After all, any dances and games are made up of specific details. [10] Therefore, before teaching some games and dances, it is appropriate to teach some elements of movement in them as a preliminary exercise. When performing dances and games, it is necessary to pay attention to the creativity of students. It is known that students imitate adults and often perceive games and dances taught by teachers as their own creations. That is why students try to create "new" dances by imitating the teacher. Of course, among the students of the class there are students who are inclined to dance, and talented ones.[11] The teacher can use the dance of such students as a model in guiding this activity.

Thus, the performance of musical rhythmic movements is intended for elementary school students in the music culture class, and occupies a special place in the development of students' musical abilities. It should be emphasized that this activity type of the lesson is not always given enough attention. As a result, the set of lesson elements and activities is not complete, it becomes difficult to achieve the goals set in the training, and this leads to a boring, passive passing of the lessons instead. In the modern music culture class, among other activities, special attention is paid to the elements of musical rhythmic movements of the students, and the importance of achieving meaningful, interesting and



effective performance in all aspects, the music teacher and the other members of this field very important for specialists.

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