

Development of Professional Culture in Teachers of Physical Culture and Sport Science

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Annotation: This article discusses a competent approach to the development of professional culture in physical education and sports teachers.

Keywords: physical culture, sports, teacher, professional culture, competence, ability.

In recent years, special attention has been paid to the competence approach in improving the professional activity of physical culture and sports teachers.

It is important to clarify the pedagogical-psychological characteristics and factors of the level of development of pedagogical skills in physical culture and sports teachers, to improve the evaluation criteria and mechanisms, to improve the didactic system of the complex of pedagogical skills based on the competency approach. PF-4947 of the President of the Republic of Uzbekistan dated February 7, 2017 "On the Strategy of Actions for the Further Development of the Republic of Uzbekistan"[1] This process is also a conceptual basis for the development of professional culture and creativity includes knowledge about creativity (gnostic), creative skills and competencies (activity-oriented component), characteristics of the creative personality (personal component). the systematic reflection in the human mind as a product of cognitive activity of concepts and imaginations required for output; creativity skills - determines the level of a person's rapid and complete implementation of the stages of the mental process in goal-oriented creative activity. The creativity skills of physical culture and sports teachers mean the level of a person's ability to perform reproductive stages of creative activity in a partially automated manner, understanding only the first stages of the mental process.

From the point of view of developing the professional culture of physical culture and sports science teachers, the competence approach should reflect three aspects: activity-oriented, communicative and personal. An activity-oriented approach provides teachers with mastery of professional knowledge, methods and tools of creative activity.

The communicative aspect envisages the development of skills and abilities to creatively implement pedagogical communication. The personal aspect reflects pedagogical thinking, professional reflection, professional-pedagogical orientation.[2] Based on the above points, the concept of "professional-pedagogical culture" of physical culture and sports teachers can be defined as follows: "Professional-pedagogical culture is a dynamic and systematic way in which the integrative quality of the physical culture and sports teacher's personality is determined. is education, and this quality must include the ability to creatively implement pedagogical values in the process of physical education and sports, taking into account the development of social and personal-professional tasks, social responsibility and moral universal values.

The main value of the professional-pedagogical culture of physical culture and sports teachers is the student, his development, education, upbringing, social protection, protection of his values and rights.

Teachers of physical culture and sports should consider professional-pedagogical culture as a method of creative mastery of pedagogical activity. Cooperation pedagogy can be cited as a clear example in the pedagogical culture of physical culture and sports science teacher today.

Professional-pedagogical culture of physical culture and sports teachers is a dynamic system of values, methods of pedagogical activity and teacher's professional behavior. The following can be distinguished as components of this system:

- a) Pedagogical position and personal qualities of a physical culture and sports teacher;
- b) professional knowledge and culture of pedagogical thinking of a physical culture and sports teacher; c) professional skills and creativity of the teacher of physical culture and sports science; g) physical culture and sports teacher's ability to self-manage and professional behavior of the pedagogue.

The level of professional-pedagogical culture of physical culture and sports teachers, its components - pedagogical point of view, professional knowledge and pedagogical thinking, professional skills, experience of creative activity, the ability to self-manage the person and the level of formation of the professional behavior of the pedagogue is measured by

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The professional-pedagogical culture of physical culture and sports teachers requires the presence of the following professionally important personal qualities: 1) physical culture and sports teacher's personal orientation: faith, social activity, sense of citizenship availability; 2) professional and ethical qualities of a physical culture and sports teacher: humanitarianism, teamwork, justice, kindness, truthfulness, sincerity, demandingness, love and respect for children, nobility, impartiality; 3) physical culture and sports teacher's attitude to pedagogical work: conscientiousness, sense of responsibility, selflessness, ability to work hard and satisfaction from one's own pedagogical activity, ability to turn it into the meaning of one's life; 4) interests and spiritual needs of a physical culture and sports teacher: cognitive activity, breadth and depth of thinking, aesthetic culture, diversity of interests and spiritual needs, existence of favorite creative work, appearance appearance and speech culture.

From the pedagogic point of view of the teacher of physical culture and sports science, his personality, description of social direction, civil behavior and activity are manifested.

The social point of view of the teacher of physical culture and sports science is formed and developed in the form of views, value system even during the general education school.

Based on them, in the process of professional training, a valuable attitude towards the profession of pedagogy, the goals and means of pedagogical activity is formed. A teacher of physical culture and sports science expresses a valuable attitude towards activity, a direction that forms the basis of a teacher's personality in a broad sense.

The social point of view of a teacher of physical culture and sports science largely determines his professional view.

Thus, the close relationship between the processes of comprehensive improvement of the professional culture and pedagogical skills of the teacher of physical culture and sports science, special training that embodies these two aspects and is directed to their development in accordance with the requirements of society at the modern stage allows to draw a conclusion about the need to develop a system. Here, first of all, it is about deciding on a practical activity-oriented approach to the problem of professional maturity of physical culture and sports teachers and coming to an effective solution.

Two groups of social and professional-pedagogical criteria for improving the complex of professional culture and pedagogical skills of physical culture and sports teachers were defined:

1. Social criteria for a physical culture and sports teacher.

Indicators: 1) social flexibility of physical culture and sports teachers:

- an idea about the social status, social role and social functions of the physical culture and sports teacher; - awareness of the social role of the teacher of physical culture and sports science; - the experience of participating in various educational, pedagogical and social activities of a physical culture and sports teacher; - assessment of physical culture and sports science teacher's social requirements and comparison of self, behavior, professional activity with these requirements; - description of role (professional-pedagogical) behavior of physical culture and sports teacher; - personal and professional self-expression of a physical culture and sports teacher; 2) psychological flexibility of the teacher of physical culture and sports science: - uniformity of mastering the laws and regulations of the environment and socially useful actions resulting from it;
- the presence of a physical culture and sports teacher with professionally important motives, values, needs, inclinations, attitude towards his work and its dynamics; 3) communicative flexibility of the teacher of physical culture and sports science: - the competence of the teacher of physical culture and sports science to resolve interpersonal relations and ensure stability; - Empathy and sympathy for the teacher of physical culture and sports science; - the need for physical culture and sports teachers to create a spiritual and psychological environment and relationships that have a positive pedagogical effect on colleagues in the work team; - the need for the teacher of physical culture and sports to establish humane, democratic interactions with colleagues at work, to provide assistance and support to them when necessary.

2. Professional-pedagogical criteria for a teacher of physical culture and sports science.

Indicators: - a positive emotional and evaluative attitude towards the profession and pedagogical activity of a physical culture and sports teacher; - axiological attitude to the profession of physical culture and sports teacher; - the feeling of satisfaction with the chosen profession and work of a physical culture and sports teacher; - professional and ethical qualities of a physical culture and sports teacher; - personal and pedagogical self-management of the physical culture and sports teacher; - the level of aspiration of a teacher of physical culture and sports science; - successful assimilation of the professional environment of the teacher of physical culture and sports science; - dedication of the teacher of physical culture and sports science; - the presence of a broad worldview and spiritual needs of a physical culture and sports teacher; - professional communication style of physical culture and sports teacher; - creative approach of physical culture and sports teacher; - continuous improvement of professional and pedagogical skills of physical culture and sports teacher.

Taking into account that modern concepts of improving the complex of pedagogical skills of physical culture and sports teachers are based on the principle of self-development, the development of professional culture of a person is characterized by the required and expected level of relations. Achieving the necessary level of motivational and valuable relationships is accompanied by mastering the mechanisms of self-management and striving for perfection, which create new opportunities for personal development.

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