## Specific Aspects of the Education of Visually Disabled Children

Toshboyev B. E.<sup>1</sup>, Sagdullayev O. Kh.<sup>2</sup>

**Abstract:** this article discusses some aspects of the education of visually impaired children, the ways to deal with problems of disabled children and the education that should be carried out in consultation with experts in their education. Recommendations for parents on education and training processes have been developed.

Key words: education, vision, sensory image, family, pedagogy, ignorance, therapist.

The educational system has a great role in raising the morale of young people. On the basis of education, young people not only acquire knowledge, but also acquire values and pass them on to the next generation. Education also serves as a "bridge" connecting the past with the future. It is one of the main goals of every country to cover all layers of society with educational processes, especially children with differences in vision, hearing and mental development.

It is known that visually impaired children learn about the world around them mainly through touch and hearing. As a result, their perception of the world is formed differently than that of physically healthy children. The quality and texture of sensor images also varies. For example, children recognize a bird or a vehicle by sounds rather than by external signs. Therefore, in the education of children with such problems, it is permissible to focus on the development of their emotional perception skills. The participation of specialists in the life of such children is considered to be important. Because when a child with a physical development defect is born in the family due to some accident, the parents are shocked and sometimes they try not to show such children to others. In our opinion, it is not right to hide a child's disability from others and violate their natural rights. In such a situation, parents should to turn to specialists and use their help.

The basic foundations of education are given first of all in the family and its foundation is established in this place. The way a child is brought up in the family, he will grow up like this in the future. Caring about the future generation, striving to raise a healthy, mature generation is one of the universal human values and is our national characteristic. "Every person living in this holy land struggles, works, and spares himself throughout his life to see the happiness and perfection of his child. A child lives in a family environment from the day of birth. Family traditions, values, and customs form a child's personality.

The most important thing is that children understand and feel the demands of society through the school of family life"<sup>3</sup>.

Regardless of the policy in the society, parents teach their children about life and give advices such as not to steal, not to lie, not to do bad things, to get money with working honestly, and not to fight in vain with someone. and advice is given. Their every activity is controlled by parents or siblings. It is known that the child is the one who destroys the parents and buries their name in the black soil. Therefore, Eastern families cannot let the child to change him or her character or education completely to something bad, if these cases are happen, we try our best to solve them. "Undoubtedly, the role and influence of the family in the formation and promotion of the unique spirituality of any nation is incomparable. Because the purity and purest feelings of a person, the first life concepts and imaginations are formed with help of the family. It is natural that the spiritual standards and views that

<sup>&</sup>lt;sup>1</sup> Jizzakh SPU an associative professor

<sup>&</sup>lt;sup>2</sup> Jizzakh SPU freshman student

<sup>&</sup>lt;sup>3</sup> Karimov I.A. The dream of a mature generation. - T.: East. 2006. 8- p.

determine the child's character, nature and worldview, the foundations of sacred concepts such as good and evil, nobility and kindness, honor and respect, are settled in the family environment"<sup>4</sup>.

The generation that received the first education and upbringing in the family's bosom, later, in cooperation with the family, the society and the state show their obstacles and create conditions for him to receive education and upbringing. The perspective and development of the society depends on the family and the education provided in it. Even in the years when Uzbekistan was a part of the former union, when it took a one-sided approach to its cultural development and treated national values with indifference, theft, extortion, lying, bribery, injustice, dishonesty, etc. vices contrary to national education have spread and have not become the general way of life of citizens. The reason for this is directly related to the spiritual education provided in families.

In pedagogy, it has been scientifically proven that on average, 40% of a person's personality depends on the environment, 15% on heredity, and 45% on upbringing. Changing heredity, raising intellectual and moral potential in it is a very difficult, time-consuming and intergenerational issue. But if we combine the above numbers, 85% of the opportunities exist in real life today. Therefore, we have the opportunity to educate citizens to be mature, morally sound and healthy in all respects. All this depends on education. As the French philosopher Gelvesi said, the more perfect the education, the happier the nations. After all, as our head of state said, "The greatest wealth is intelligence and knowledge, the greatest heritage is good education, and the greatest poverty is ignorance"<sup>5</sup>. Therefore, the main reason why young people cannot find a place in life is lack of knowledge and poor education. Therefore, every parent should spare no effort to educate the child born in the family. Special attention should be paid to children born with defects.

When a visually impaired child is born in the family, it is the parents' mistake to look at him differently and deprive him of various opportunities. Children with defects should also find their place in the future and not be in need of someone's care.

In our opinion, parents with visually impaired children should pay attention to the following recommendations:

- children with visual impairment often cannot correctly perceive the relationship between words and real objects. Therefore, they cannot understand and explain the words properly. Therefore, it is necessary to seek the help of a speech therapist;
- physical activity is an important component of treatment and development. Therefore, it is necessary to use open games that stimulate vision, strengthen muscles, and develop motor coordination. Of course, in order to avoid the opposite effect, this process should be carried out only taking into account the recommendations of the ophthalmologist and the child's diagnosis;
- parents or relatives of the child should continuously perform various exercises to teach visually impaired children to walk correctly while standing;
- when teaching a movement to visually impaired children, it should be repeated many times until it becomes automatic. Learning is accompanied by words and comments, so that the child understands why he is doing this action;
- it is recommended to use various embossed music and voice-producing toys to strengthen the sense of the finger;
- ➤ in the family, parents should involve the child in doing household chores and not limit communication with healthy children.

If children with visual impairments are not given special attention and special care, they will stay away from society in every way. Because conscience and faith, patriotism and national pride are not born. They depend on how a person is brought up and explained to him.

Vol. 53 (2024): Miasto Przyszłości

<sup>&</sup>lt;sup>4</sup> Karimov I.A. High spirituality is an invincible force. - T.: Manaviyat, 2008. 52- p.

<sup>&</sup>lt;sup>5</sup> Mirziyoyev Sh.M. Yangi O'zbekistan strategyasi. – T.: O'zbekiston, 2021. 24-b.

In the words of Abdulla Avloni, who laid the foundation stone of Uzbek pedagogy:

You can't give birth, be a child, woe to you,

If his body is trained, he will be your guide.

After all, raising a child is the main duty of parents. If children are treated according to differences in their development, if they do not care for those who have defects in their love and education, or if they do not give them education in time, then one day the trouble will befall the parents. it can.

As Abdurauf Fitrat, a Jidid enlightener, wrote, "Child education actually consists of two words. That's why it seems like a very small problem to you. But wise people know that the basis of Bani Adam's political, religious and social revolutions depends on the combination of these two words – "child education". It is the people's action, becoming statesmen, being happy and being respected, being worldly, being weak and being humiliated, wearing the cloak of poverty and carrying the burden of misfortune and being ignored, being subordinate to others, slaves and age depends on the education received from their parents since childhood"<sup>6</sup>.

A baby is born in a family, learns the social norms of the society, gets acquainted with all the virtues and vices. If he is not properly brought up in the family, if the neighborhood does not control him, if the school teacher does not investigate him, he will try to embody it in himself, preventing him from the evils of the society. As noted by the enlightened thinker Akhmad Donish, "The human soul is cut from the leavened dough consisting of satanic, animal and malevolent qualities"<sup>7</sup>. For this reason, a person has a strong interest in satanic and animal qualities and the desire to embody them in himself. The third quality is instilled into the human mind with difficulty, i.e., only under the influence of education and upbringing, and affects his development as a person. "... two forces in the heart of a person - creativity and destruction are always in mutual struggle, I must note with regret, the experience of history shows that, rather than humanity in human nature, brutality, destructive instincts, that is, actions it is easier to provoke"<sup>8</sup>.

Therefore, family members, especially father and mother, should consciously master the aspects that affect the upbringing of the child. In this process, in our opinion, the great Muhaddith Abu Abdullah Muhammad ibn Ismail al-Bukhari's work "Al-adab al-mufrad" ("The only book on manners"), Abdurauf Fitrat's "Family or family management procedures" or Abdulla Avloni "Turkish Gulistan or "Akhloq" book has important theoretical and practical value. Every young man or woman who is about to start a family, regardless of the difference in their physical development, should get acquainted with these books. Also, it is necessary to inculcate more ideas about the family and its management and child education from the above sources into the topics of Uzbek ethics and pedagogy. After all, as Abdurauf Fitrat wrote, "This world is a battlefield. The weapon of this field is a healthy body, mind and morals"<sup>9</sup>.

This opinion, expressed at the beginning of the 20th century, has not lost its importance even today. If we want the development of our country, first of all, we should pay special attention to the physical, intellectual and moral education of all young people in the society. Then families will be happy, children will be polite, society will be virtuous, and the country will be rich and prosperous.

<sup>&</sup>lt;sup>6</sup> Abdurauf Fitrat. Family or family management procedures. - T.: Spirituality, 2000. p. 49.

<sup>&</sup>lt;sup>7</sup> Ahmed Donish. Navodur ul-waqae. - T.: 1964. p.136.

<sup>&</sup>lt;sup>8</sup> Karimov I.A. A free and prosperous Motherland, a free and prosperous life is our ultimate goal. 8 - Vol. - T.: Uzbekistan, 2000. p.504.

<sup>&</sup>lt;sup>9</sup> Abdurauf Fitrat. Family or family management procedures. - T.: Spirituality, 2000. p. 60.