

Psychological Violence Causes Psychological Traumatism

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Abstract: In this article, people who are psychologically disturbed, almost 100% of the time, find themselves suffering from the emotional shocks of others. They include child complaints, carefully guarded teen complexes, and then analysis of what can lead to revenge, violence, ridicule, and even disaster.

Keywords: disaster, complaint, suffering, psychological, psychological abusers, society, discrimination.

Psychological exploitation can result in depression, stress, fear, traumatic stress disorder, and physical violence (usually produces another). Either way, remember: people who are psychologically abusive, almost 100% of the time, find themselves suffering from the emotional shocks of others. They can lead to children's complaints, carefully guarded teen complexes, and then revenge, violence, ridicule, and even disasters. In the biography of every dictator (if you like), you can cultivate a "normal and powerful" person who is absolutely normal, who hides the most insulting insults, promises himself, and avenges those who insult him.

Violence does not always cause us physical harm, and physical harm is not always the worst kind of violence. Psychological violence leads to psychological trauma and it destroys self-confidence. As a result, society takes on a low level of communication and you (i.e., communication) are completely deprived of social life.

In the first hypothesis, psychological violence can be defined as a type of violence involving psychological harm inflicted by a compromised agent. Psychological violence is consistent with physical violence or verbal violence. The harm inflicted on a person who has been the victim of sexual assault is only related to the infliction of physical harm on him or her or her body; the psychological trauma that an event can cause is part of the violence, it is the psychological violence.

Emotional violence is always manifested in a special way. If we can summarize all the cases and draw conclusions, the following types of psychological violence are classified: insult - condemnation, criticism, ridicule; domination - treat the victim in his childhood, remind him that such behavior is unacceptable, control of funds, often reminds of fakes; claims - the victim's name is not inappropriate and, using pseudonyms, the attacker accuses the victim of errors and omissions; negligence - the use of a boycott as a punishment; the victim becomes a "vest".

The most horrible mental and emotional violence is the bottle. The term means that the victim initially has doubts about his or her sanity. If you offend the aggressor and offend you, he will think you are too sensitive. If a person is repeating the same thing, he is really skeptical of its perception. The main signs of a bottle are: ask yourself if you are not very sensitive; You are afraid to make the simplest choice; Often the signs of psychological violence are clearly visible in spouses, in friendly relations between friends (friendly "vest"), as well as on a larger scale - in "power and people".

The hardest thing is to deal with the emotional violence at home against someone you care about. The last thing you need to address is aggression, and the most convenient option is not how someone is ruining your life, but how you want to improve your relationship.

Psychological violence is very important from a political point of view. Racism and sexism were indeed analyzed by the government or society sect as types of violence inflicted on certain individuals. From a legal point of view, racism is a form of violence, even if no physical harm is inflicted on the victim of racial behavior, in order to exert some kind of pressure (i.e., coercion) on people who have acted. An important tool is racism. Critics of psychological violence, on the other hand, often try to find an easy way to apologize. While it is very difficult to distinguish causes in the psychological field, there is no doubt that discriminatory attitudes of different people exert some psychological pressure on agents: such feelings are familiar to everyone since childhood.

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